

My 360 Pledge

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health for better living for my club, my community, my country and my world.

These simple words are recited by 4-H members across the nation, but today's youth need caring adult volunteers like me to assist them to develop leadership, citizenship and life skills. I pledge to share 360 minutes this year with 4-Hers in my community. I'll help a kid discover a 4-H project. I could help launch a career. The return on my investment is something that money can't buy. I want to invest in the future today.

I pledge 360 minutes of my time to share project life skills with 4-H youth this 4-H year.

Yes, I Want To Do a 360

My 360 Plan

Contact the local extension office by

Project meeting resources I will need:

Questions to ask:

I will schedule the first Project meeting by

Date of 1st meeting

Date of 2nd meeting

Date of 3rd meeting

Date of 4th meeting

Date of 5th meeting

Date of 6th meeting

Congratulations

You have done a 360.

360 Resources for 4-H Project Leaders

Check it out

Kansas 4-H website

[www. Kansas 4-H.org](http://www.Kansas4-H.org)

Click on project tab
Information about field
trips and more.

**National 4-H Curriculum
for other projects**

www.4-hcurriculum.org

Online purchase option

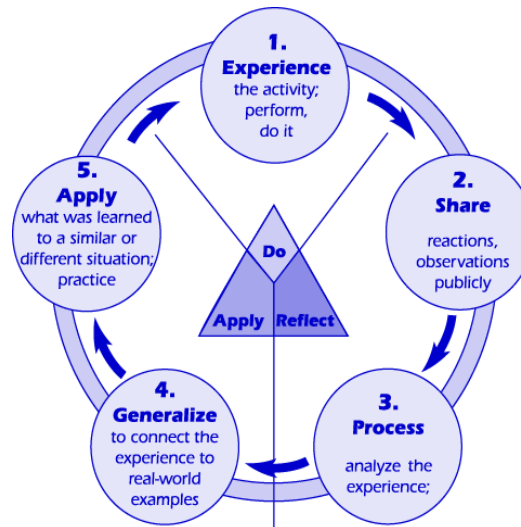
www.4-hmall.org/

[Category/4-hcurriculum](http://www.4-hmall.org/Category/4-hcurriculum)

To contact your local
**K-State Research and
Extension Office**

www.ksre.ksu.edu

4-H Learn By Doing Model



4-H promotes hands on learning by youth which is called *experiential learning*. Project leaders guide the learning process by following the 5 step cycle shown above. As a result, youth have fun while connecting to the real world. To learn more about 4-H project resources, project leader training sessions and 4-H project curriculums check out www.Kansas4-H.org/projects for details. Or contact Kansas 4-H staff at the address below or visit the local K-State Research and Extension office in your community.



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Contact Information:

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Yes, I want
To Do A 360

I will give 60
minutes to a 4-Her
6 times a year as
4-H project leader.



Share my skills
Become 4-H
project leader