

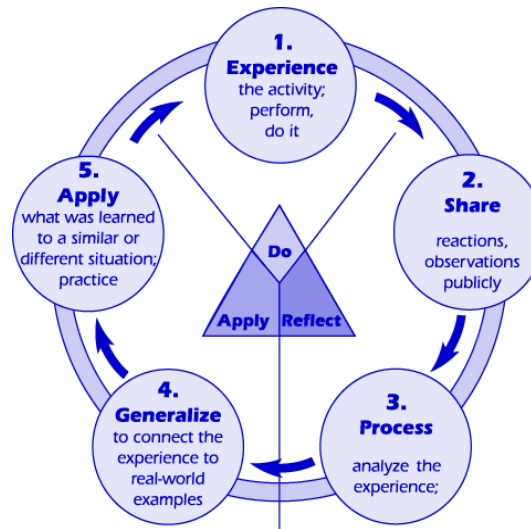
Take the 360 Pledge

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health for better living for my club, my community, my country and my world.

These simple words are recited by 4-H members across the nation, but today's youth need caring adult volunteers like you to assist them to develop leadership, citizenship and life skills. Pledge to share 360 minutes this year with 4-Hers in your community. You will help a kid discover a 4-H project. You could launch a career. The return on your investment is something that money can't buy. Invest in the future today.

I pledge 360
minutes of my time
to share project life
skills with 4-H youth
this 4-H year.

4-H Learn By Doing Model



4-H promotes hands on learning by youth which is called *experiential learning*. *Project leaders guide the learning process by following the 5 step cycle shown above. As a result, youth have fun while connecting to the real world. To learn more about 4-H project resources, project leader training sessions and 4-H project curriculums check out www.Kansas4-H.org/projects for details. Or contact Kansas 4-H staff at the address below or visit the local K-State Research & Extension office in your community.*



18 U.S.C. 707

Contact Information:
Kansas 4-H State Office
201 Umberger Hall
Kansas State University
Manhattan, KS 66506-3404
Phone: 785-532-5800
Web: www.Kansas4H.org
E-mail: jadams@ksu.edu

K-State Research and Extension is an equal opportunity provider and employer.

Want To Do A 360?

**Give 60 minutes to a
4-Her 6 times a year.
Make the difference
of a lifetime.**



Share your skills
Become a 4-H
project leader

Want To Do A 360? Share 60 minutes six times a year.

In a world that seems to operate 24 hours a day, 7 days a week, life can become hectic. Today's youth need a caring adult willing to teach them life skills. By committing 360 minutes of your time to be a 4-H project leader, you can help youth develop into responsible, self directed productive citizens of the community. Learning by doing is the basic philosophy of the Kansas 4-H youth develop-



Having fun while learning by doing.

ment program. 4-H project work occurs over a period of several weeks or months during the year. A minimum of six hours of adult guided instruction is recommended by Kansas 4-H to complete a project. Learning is a natural lifelong process for all of us. Kansas 4-H recommends allowing at least 60 minutes for each project learning session. Give 360 and connect with kids in your community and teach them skills for life.

The Project-A Cornerstone of 4-H

Within the 4-H project, youth learn things to do, things to make and things to explore. In 4-H, the project is where learning-by-doing takes place. You, as a 4-H project leader, can make a difference in what and how youth learn. Project leaders serve as mentors, coaches, resource partners, teachers and are a positive role model to youth. A 4-H project is planned work in an area of interest to the 4-H member. It is guided by an adult volunteer, who is the project leader, to help youth reach goals. It is summarized by some form of recordkeeping. All 4-H projects and activities should be designed to lead to the development of leadership, citizenship and life skills. No matter the subject of the project, at least one of these skill areas should be part of what members of what are learning .

Guiding youth to develop these skills requires time. Do a 360 and share your skills with 4-H members.

A Project Meeting Outline

While 60 minutes is the minimum time to allow for a project meeting; actual times will vary by age and topic.

- ◆ Interest Getter (5-15 minutes)
- ◆ Skills Session (20-50 minutes)
- ◆ Goal Setting & Discussion (10-20 minutes)
- ◆ Presentations (5-15 minutes)
- ◆ Recordkeeping (10-15 minutes)
- ◆ Summary & Assignments (10-20 minutes)
- ◆ Refreshments & Recreation (Optional but a great way to keep interest up during the year.)

Are you ready to do a 360? Contact Kansas 4-H at www.Kansas4-H.org or your local K-State Research and Extension office or to learn more about becoming a 4-H project leader. Share your skills and take the 360 challenge today!



360 Pledge Information

I want to make a 360 pledge today.

Signature

Date

Name

Address

City

State

Zip

Phone

Cell

E-mail

County Residence

This information will be shared with your local K-State Research and Extension office. To assist you, request the tools you will need to make your 360 pledge to 4-H youth happen this year. Return pledge to Kansas 4-H, 201 Umberger, Kansas State University, Manhattan, KS 66506.

___ I am interested in learning more about the 4-H program. Share ways I could be involved.

___ I need details about becoming a project leader.

___ I have an interest in the _____ project. I need more training.

___ My life is hectic; please remind me to keep my pledge of 360 minutes.

Note: To protect 4-H youth; all 4-H volunteers are required to complete a Volunteer Information Profile application and attend 4-H youth development training.

Invest 360 minutes to share your skills with a 4-H youth. You will yield a lifetime of returns on your investment knowing that you have made a difference in the life of a child.